



## Medium Term Accommodation



**Medium Term Accommodation (MTA) offers NDIS participants a supported place to stay while you're getting ready to move into your long-term home.**

**Funded by the NDIS for up to 90 days, MTA is there to support you during transitional periods - like waiting for home modifications, a new build, or a vacancy in your permanent housing.**

**It's typically a short-term, one-time solution to help bridge the gap between living arrangements.**

### **MTA might be right for you if:**

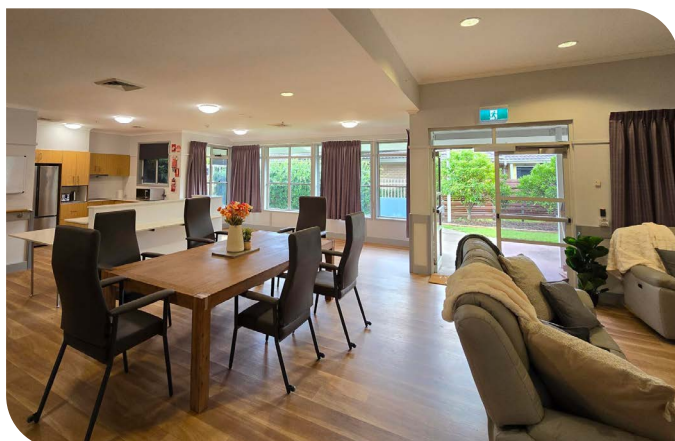
- You're leaving hospital or aged care and need somewhere safe while a permanent option is being arranged
- You've been approved for Specialist Disability Accommodation, but your home is not ready yet
- You're transitioning between living arrangements and need an interim housing and support solution

### **Benefits of MTA**

- Avoid unnecessary hospital or aged care stays
- Build independence and life skills while waiting for long-term accommodation
- Access to daily supports in a safe and supported home environment
- Opportunities for socialisation and community engagement
- Ease caring responsibilities on family and informal supports

*If you have an NDIS plan and are between living arrangements, you may be eligible for Medium Term Accommodation. Funding for MTA must be included in your NDIS plan - speak with your Support Coordinator or NDIS planner to discuss applying for MTA funding.*

## Looking for Medium Term Accommodation that feels like home?



### Welcome to Jacaranda House

Our newly refurbished residence on the Central Coast has been reserved exclusively for MTA stays. Offering high level care and comfort - the perfect place to support you while you plan for your long-term home.

### Getting started

Navigating transitions in living arrangements can be complex, especially if you're new to the NDIS. If you've been approved for MTA supports, it's important to choose an experienced NDIS provider that suits your daily care and lifestyle preferences.

Providing inclusive housing and supports for people living with disability has been at the heart of **Ability Options** for nearly 50 years. Our experienced team collaborate to ensure a positive experience for you, your family and support networks throughout your MTA journey including:

- Dedicated planning and transition support
- Expert, personalised disability care 24/7 during your stay
- Guidance with pathways out of Medium Term Accommodation, if required

### Contact Ability Options

Our experienced team understands that a new living arrangement means more than just moving into a new house – it's about feeling safe, supported, and empowered. With Ability Options, you can be assured that every part of your stay with us is shaped around your individual goals and lifestyle preferences - helping you build confidence and take the next step toward your long-term home.

Contact our friendly team today on **1300 422 454** or find out more on our website.



**Scan the QR code** or visit  
<https://abilityoptions.org.au/disability-services/medium-term-accommodation/>

## Life's better with Options

**1300 422 454** [abilityoptions.org.au](https://abilityoptions.org.au)

